



Key Information about Texas

State Policies to Increase Access to and Information About Contraception*	Has State Instituted Law/Policy?
Expand Medicaid to childless adults as the ACA allows	No
Medicaid Family Planning Waiver or State Plan Amendment (SPA)	Yes
Medicaid reimbursement for postpartum LARC	Yes
State law/policies to increase pharmacy access to contraception	No
State law/policies to extend the supply of prescription contraceptives	No
State law/policies to educate college students about unplanned pregnancy	No
Other state laws/policies/initiatives to increase access to contraception	Yes [†]

[†] The [FY 2016 - 2017 budget](#) directs the Health and Human Services Commission and Department of State Health Services to implement program policies to increase access to LARC, including provider education and training.

Funding Streams for Teen and Unplanned Pregnancy Prevention**	Current Annual Funding Level (if applicable to state)
Personal Responsibility Education Funding (PREP) ¹	
State PREP (if state opted to receive formula grant)	-
Competitive PREP grants awarded in the state (if state opted not to receive PREP formula grant)	\$4,086,426
Tribal PREP	-
Personal Responsibility Education Innovative Strategies (PREIS)	\$975,000
Teen Pregnancy Prevention (TPP) Program ^{1, 2}	\$8,653,697
Pregnancy Assistance Fund (PAF)	-
Title V State Abstinence Education (if state opted to receive formula grant)	\$7,854,345
Sexual Risk Avoidance Education Program ³	\$884,038
Title X Family Planning Program	\$13,673,000

State Stats
54% births are funded by Medicaid, as of 2014
See more state stats at http://thenationalcampaign.org/data/state/texas

* For an overview of these state policies, see <https://thenationalcampaign.org/resource/key-state-policies-glance>

** For an overview of federal funding for teen pregnancy prevention, see <https://thenationalcampaign.org/resource/federal-funding-streams-teen-pregnancy-prevention>

¹ Evidence-based education programs

² This may include multi-state grants and/or grants that were awarded to an organization in another state, but are benefitting youth in your state.

³ Replaced the Competitive Abstinence Education Program beginning in FY 2016.

FEDERAL TEEN PREGNANCY PREVENTION GRANTS⁴

Competitive Personal Responsibility Education Program (PREP) FY 2015 – FY 2017

Ambassadors for Christ Youth Ministries, Inc.
Houston, TX
\$668,764

Center for Success and Independence, Inc.
Houston, TX
\$642,296

Change Happens
Houston, TX
\$668,764

Future Leaders Outreach Network
Fort Worth, TX
\$667,687

Healthy Future of Texas
San Antonio, TX
\$668,764

Seasons of Change, Inc.
Arlington, TX
\$520,150

Texas A&M University
College Station, TX
\$250,001

FY 2012 – FY 2014

Ambassadors for Christ Youth Ministries, Inc.
Rosharon, TX
\$850,000

BCFS Health and Human Services
San Antonio, TX
\$888,697

⁴ Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted. Texas opted not to apply for the PREP state formula grant funding, therefore Competitive PREP grants were awarded to other entities in the state on a competitive basis.

Competitive PREP (continued)

Bee Busy Learning Academy, Inc.

Houston, TX

\$493,301

Cardea Services

Austin, TX

\$719,829

Change Happens

Houston, TX

\$833,444

Community Action Corporation of South Texas

Alice, TX

\$500,000

Creative Visions Social Services & Consultants, Incorporated

Mansfield, TX

\$686,877

Girls Incorporated of Metropolitan Dallas

Dallas, TX

\$240,000

Healthy Families San Angelo

San Angelo, TX

\$793,532

Henderson County HELP Center, Inc.

Athens, TX

\$575,103

Planned Parenthood of North Texas, Inc.

Dallas, TX

\$471,706

Project Vida Health Center

El Paso, TX

\$481,866

Seasons of Change, Incorporated

Arlington, TX

\$675,000

Youth and Family Alliance dba LifeWorks

Austin, TX

\$310,000

Personal Responsibility Education Innovative Strategies (PREIS)

FY 2016 – FY 2020

Bee Busy Learning Academy, Inc.

Houston, TX

\$975,000

FY 2010 – FY 2015

Multi-site grant includes TX:

Education Development Center, Inc.

Newton, MA

\$773,359

More Than a Dream Teen Pregnancy Prevention for Latino Youth is a collaboration between Education Development Center, the University of Michigan School of Nursing, and the League of United Latin American Citizens' National Educational Service Centers (LNESEC), to find developmentally appropriate and culturally and linguistically relevant youth and parent interventions that address sexual health and pregnancy prevention among Latino youth. The project will evaluate the youth intervention *Cuídate* (Take Care of Yourself) and the parent intervention *Salud y éxito* (Health & Success), as well as a combined youth-parent program called *Más que un sueño* (More Than a Dream). Work will take place at four LNESEC sites, in Albuquerque, NM, Colorado Springs, CO, **El Paso, TX**, and Kansas City, MO, with the goal of reducing sexual and other risk behaviors. Participants will be younger Latino adolescents, ages 12 to 14, and their parents.

Title V State Abstinence Education Grant

Department of State Health Services

\$7,854,345

Texas is using their grant to support both community- and school-based programming. The funds serve high-risk youth in grades 5-12 through in-school programming and youth in the child welfare system through after-school interventions. In addition, the funds support a media campaign for teens and parents.

Sexual Risk Avoidance Education Program Grant

FY 2016 – FY 2018

Ambassadors for Christ Youth Ministries, Inc.

Houston, TX

\$442,019

BCFS Health and Human Services

San Antonio, TX

\$442,019

**Teen Pregnancy Prevention Program (TPPP) — Tier 1
FY 2015 – FY 2019**

Community Action Corporation of South Texas
Alice, TX

Program models: *Teen Outreach Program; Safer Sex Intervention*
\$749,999

The South Texas Teen Leadership and Development (STTLDD) Program is a project with Community Action Corporation of South Texas (CACOST) that promotes positive youth development and reduces the rates of teen pregnancy and sexually transmitted infection (STIs). This project reaches youth in Brooks, Duval, Jim Hogg, and Jim Wells counties and replicates evidence-based teen pregnancy prevention programs with youth ages 13-19.

Project Vida Health Center
El Paso, TX

Program model: *Making a Difference; Teen Health Project; Positive Prevention PLUS*
\$796,297

The Wellness Department, through the POWER 4-Uth (Providing Opportunities While Establishing Resilience 4 Uth) program is implementing three evidence-based teen pregnancy prevention programs in middle schools, high schools, and community and faith settings reaching 1,600 youth annually in two communities in southeast El Paso County. The two communities, Socorro and Montana Vista, are both predominately rural, Hispanic, and lacking in community resources. In addition, both communities have high teen birth rates. The implementation of POWER 4-Uth to scale in the targeted communities will be accomplished with the use of the "Promotora Model," partnerships and working with partner agencies and schools to design program schedules to maximize the opportunity to have the greatest impact on teen pregnancy. The focus is on creating a culture in the target communities that support healthy behavior, positive life decisions, and educational success.

The Dallas Foundation
Dallas, TX

Program models: *Families Talking Together; Be Proud! Be Responsible!; Making Proud Choices*
\$987,500

Project Ntarupt, a component of The Dallas Foundation, utilizes three evidence-based teen pregnancy prevention curricula in five high-need Dallas County zip codes and among special populations. The program seeks to educate both parents and teens and teach both the "how" and the "why" not to become a teen parent. Ntarupt primarily works in community-based settings, but is actively building relationships at a variety of sites, including the public school system. In addition to education, Ntarupt provides linkages to youth-friendly health care, with a focus on family planning.

The University of Texas Health Science Center at San Antonio
San Antonio, TX

Program model: N/A
\$750,000

The Capacity Building Team at the University of Texas Health Science Center (UT) Teen Health works to build the capacity of organizations that have experience implementing youth programs and are serving populations with demonstrated need for teen pregnancy prevention (TPP) programs, but have

little experience with evidence-based TPP programs. UT Teen Health is assisting those organizations to implement evidence-based teen pregnancy prevention programs with fidelity in their organization. The program works with vulnerable populations such as youth in foster care, pregnant and parenting youth, and adjudicated youth age 15-19 in Texas.

The University of Texas Health Science Center at San Antonio
San Antonio, TX

Program models: *Families Talking Together; Draw the Line/Respect the Line; It's Your Game:Keep It Real; Making a Difference!; Promoting Health Among Teens –Abstinence Only; Promoting Health Among Teens – Comprehensive; Reducing the Risk; SHARP; Love Notes*

\$2,000,000

The University of Texas Health Science Center at San Antonio- UT Teen Health will partner with community youth serving organizations and the San Antonio Teen Pregnancy Prevention Collaborative to implement evidence based teen pregnancy prevention (TPP) programs for approximately 17,550 youth under age 20 annually in Bexar County, Texas. Partners in this initiative will implement the evidence-based TPP programs in middle schools, high schools, after school programs, faith-based organizations, and in community settings with especially vulnerable youth including expectant and parenting teens, youth in juvenile detention, and youth in foster care.

Teen Pregnancy Prevention Program (TPPP) — Tier 2 FY 2015 – FY 2019

The Texas A&M University System Health Science Center
Location: College Station, TX

Program model: N/A

\$1,500,000

The Texas A&M University System Health Science Center, through its Integrating Teen Pregnancy Prevention Innovative Practices (iTP3) project, aims to promote and support the development of innovative teen pregnancy prevention (TPP) programs targeting adolescents currently underserved by existing evidence-based programs. iTP3 is specifically interested in programs that go beyond the standard evidence-based TPP format, and welcomes programs across all intervention levels and implementation settings. Selected innovators will receive capacity-building assistance, infrastructure, and evaluation services to assist with the development of their programs. By the end of the five-year funding award, the iTP3 project team expects to have identified a group of promising programs that are ready for rigorous evaluation.

EngenderHealth, Inc.

Austin, TX

Program name: RE:MIX

\$999,999

EngenderHealth seeks to reduce the rate of pregnancy and sexually transmitted infection (STIs) among youth age 13-17 living in Travis County, Texas. In order to achieve this goal, EngenderHealth implements RE:MIX, a three-component sexual health program aimed at reducing rates of unplanned pregnancy and STIs among youth in Central Texas. RE:MIX pairs peer educators who are young parents with clinic-based health educators to co-facilitate this health curriculum among a target

population of 13–17 year-olds. In addition to the curriculum, the intervention includes a leadership training and coaching/mentoring program for the parenting peer educators and a system that connects both community youth and parenting peer educators with community resources and services.

Healthy Futures of Texas (HFTX)

San Antonio, TX

Program model: *Big Decisions*

\$869,902

Healthy Futures of Texas (HFTX) intends to evaluate the effectiveness of Big Decisions, an abstinence-plus approach to preventing teen pregnancy that has been found promising for Hispanic, low-income urban youth. HFTX now seeks to demonstrate the curriculum's efficacy for low-income Hispanic youth in rural communities and small cities. Big Decisions will be delivered in the school districts for five semesters across three school years.

**Teen Pregnancy Prevention Program (TPPP) — Tier 1
FY 2010 – FY 2014**

Navasota ISD

Navasota, TX

Program model: *Raising Healthy Children*

\$999,030

Navasota Independent School district will implement *Raising Healthy Children* in all elementary schools, grades one through six, of rural Grimes County. Through this project, approximately 1,500 youth will be served. *Raising Healthy Children* is based on a school-wide model that strengthens instructional practices and family involvement, by incorporating school, family, and individual programs to promote key learning objectives. The project's goal is to prevent teenage pregnancy and to encourage abstinence from sexual activity before the age of 18.

The University of Texas Health Science Center

Houston, TX

Program models: *It's Your Game: Keep it Real*

\$3,000,000

The University of Texas Health Science Center (UTHSC) will deliver *It's Your Game: Keep it Real* throughout 11 school districts to 113 middle schools. Over the five-year period, 30,000 youth will receive *It's Your Game: Keep it Real*. The goal of this project is to promote sexual abstinence, reduce risky sexual behavior, and prevent teen pregnancy among youth in Harris County, Texas. A rigorous, independent evaluation will be conducted to determine the effectiveness of the program. The hypotheses are that (1) middle school students who receive the program will delay their initiation of sexual activity and will reduce their frequency of sexual activity and unprotected sex, and (2) communities who receive the program will decrease their teen birth rates compared to comparable communities who do not receive the programs.

Youth and Family Alliance, dba LifeWorks

Austin, TX

Program models: *It's Your Game: Keep it Real* and *Reducing the Risk*

\$585,000

LifeWorks will implement *It's Your Game: Keep It Real* with 7th and 8th grade youth, and Planned Parenthood of the Texas Capital Region will implement *Reducing the Risk* to 9th and 10th grade youth in the Austin Independent School District. The grantee seeks to positively impact program participant's knowledge, attitude, intentions, and behavior about sexual health as well as their communication with trusted adults about sexual health topics. Through the impact of these services, LifeWorks and Planned Parenthood envision a healthier community of adolescents with reduced rates of teenage pregnancy and behavioral risks underlying teenage pregnancy.

Teen Pregnancy Prevention Program (TPPP) — Tier 2 FY 2010 – FY 2014

Arlington Independent School District (AISD)
Arlington, TX

Program model or strategy: *Be Proud! Be Responsible!* adaptation and dropout recovery programming
\$995,675

Arlington Independent School District will implement the Crossroads program. The program is based on the theory that putting youth in a situation through which they can have a physical and emotional connection to a positive message will increase their learning process. The project adapts the *Be Proud! Be Responsible!* curriculum implement it within a dropout recovery and prevention program within the school district. Through this program youth will have the opportunity to regularly meet with academic advisors and social workers and to be exposed to positive sex education and relationship messages.

University of Texas Health Science Center at San Antonio
San Antonio, TX

Program model or strategy: *Worth the Wait*
\$851,450

The University of Texas Health Science Center at San Antonio will implement the *Sex Education Program (SEP)*. The project will serve high school students (grades 9 to 12) in the Judson Independent School District of suburban Bexar County. The project will provide in-school abstinence education combined with youth development activities and referrals to health care services. The goals of the project include decreasing teen births among participants, decreasing the number of sexual partners of participants, and increasing the age of sexual debut of participants.

Engender Health
New York, NY

Program model or strategy: *Gender Matters*
\$976,408

Engender Health will implement the *Gender Matters* curriculum with 14 and 15 year olds in **Travis County**. The program includes sixteen, 5-day workshops with groups of 13-15 youth, a text messaging campaign, and community-wide educational events developed by youth within the program. Youth will also receive the curriculum through the summer youth employment program. Approximately 400 youth will receive the intervention. Primary study goals for this project include reducing teen pregnancy by delaying the onset of sex among participants who are not sexually active; increasing the correct use of effective contraception among those who are; and increasing the proportion of youth who adopt health-seeking behaviors (such as a reproductive health care visit). Secondary goals for the project include

influencing traditional beliefs about masculinity and femininity, advancing more equitable attitudes about relationships and the balance of power within them, and influencing other gender-specific views, such as responsibility for pregnancy prevention and ambivalence about pregnancy.

CDC Grants

FY 2010 – FY 2014

The University of Texas Health Science Center at San Antonio (UTHSCSA)

\$1,209,387

UTHSCSA received a grant to expand the San Antonio Sex Education Program (SEP) from middle schools into high schools on the south side of Bexar County. The target population is predominantly Latino/Hispanic. SEP provides communitywide, medically accurate, evidence-based teen pregnancy prevention programs, and creates and enhances linkages between the SEP and community-based clinical services. Major activities include implementing a culturally appropriate, evidence-based teen pregnancy prevention program with high school students and providing training and technical assistance to community-based clinical service providers to build organizational sustainability.

TITLE X FAMILY PLANNING SERVICES IN TEXAS

- Title X–supported centers provided contraceptive care to 163,850 women in Texas in 2014.⁵ These services helped women avoid 40,000 unintended pregnancies, which would have resulted in 19,800 births and 13,600 abortions.
- In the absence of publicly-funded family planning services, the number of unintended pregnancies and abortions in Texas would be 13% higher.⁶
- By helping women avoid unintended pregnancies and the births that would follow, the services provided at Title X-supported centers in Texas saved \$292.7 million in public funds in 2010.
- From FY 2010 to FY 2015, the amount of federal funding Texas received for Title X decreased by \$1,837,019, resulting in 103,421 fewer (38%) patients served.
- In Texas, 92 clinics receive support from Title X. They include federally qualified health centers (27), health department clinics (23), private non-profits (22), hospitals (14), Planned Parenthood clinics (5), and universities (1).

About The National Campaign: The National Campaign to Prevent Teen and Unplanned Pregnancy works to improve the lives and future prospects of children and families by ensuring that all children are born into families committed to and ready for the demanding task of raising the next generation by reducing unplanned pregnancy among teens and young adults. For more information, visit www.TheNationalCampaign.org

⁵ “Title X-supported centers” are supported by a mix of funding sources (in addition to Title X funding) including Medicaid, funding from state and local governments, private grants and fundraising, reimbursement from commercial insurance, patient fees, and federal grants.

⁶ “Publicly-funded family planning services” refers to all public funding sources that support family planning services, including Medicaid, Title X, and other state and federal resources.