

# GLAMOUR<sup>®</sup>

## This Is Why Women Are Saying #ThxBirthControl Today

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Last night, we honored Planned Parenthood president Cecile Richards as one of our Women of the Year. Today, without missing a beat, it's back to business as usual: Richards and Planned Parenthood are saying #ThxBirthControl with a social campaign to remind everyone why women deserve control of their own bodies and futures.

With attacks on Planned Parenthood's funding this year *and* an upcoming election, it's more important than ever that women stand firm to both keep and increase our access to health care and family-planning services *right now*.

On the PPFA blog, staffer Kristin writes: Birth control has played a direct and powerful role in countless aspects of all of our lives. For me, personally, it has made a huge difference—from helping to regulate debilitating monthly symptoms and anemia, to later helping me plan my family and safely space out my pregnancies. Now I have my two wonderful daughters. For that I am thankful.

But what about you? What's been your experience with birth control? Share your stories as part of today's #ThxBirthControl outreach on social media!

See how Richards and more women responded to that question, and feel free to tweet your own #ThxBirthControl message to show your support.